



AuSable Valley Community Mental Health Authority

Joseph Stone, Board Chairperson
Diane C. Pelts, M.A., Chief Executive Officer

BOARD MEETING MINUTES

Monday, June 27, 2022

5:00 p.m., St. Vincent's Annex

1. CONVENE

a. Call to Order

The regularly scheduled meeting of the AuSable Valley Community Mental Health Authority Board was held on Monday, June 27, 2022, in the St. Vincent's Annex in West Branch. Chairperson Joe Stone called the meeting to order at 5:00 p.m. A virtual option via Microsoft TEAMS was also offered for public attendance.

b. Roll Call

Board members physically present: Rose Walsh, Joe Stone, Mike Welsch, Al Evans, D. Jay O'Farrell, Patti Casey, Bonnie Lixey, and Gary Klacking

Board members present via video conference: Chuck Varner

Board members excused: Roberta Roulo and Jill Gould

Board members absent: None

Staff present: Diane Pelts, Jennifer Carr, Laura Marentette, and Joseph Chrivia

Staff present via video conference: Michelle Lapointe, Trish Otremba, Teresa Tokarczyk, Mindy Rhodes, Lori Enos, Patti Barrett, Erinn Trask, Jennifer Warner, Cheryl Bronson, Kathryn Cook, Sydney Larsen, and Regina Demetrakeas

Staff absent: None

Guests: Katrina Miller

A quorum was present.

c. Approval of Minutes

It was moved by Mr. O'Farrell and second by Mr. Welsch to approve the minutes of the May 23, 2022 Board meeting as presented. All ayes, motion passed.

d. Approval of Agenda

It was moved by Ms. Walsh and second by Ms. Casey to approve the agenda as presented. All ayes, motion passed.

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e. Correspondence

Ms. Pelts shared the 2022 Michigan Suicide Prevention Annual Report, an article entitled *Suicide Stalks Rural Michigan*, the Day of Education Memo, a Youth Camp Flyer, and the IT newsletter *The Download*, with the Board.

Ms. Pelts discussed the first two and pointed out key statistics including a 25% increase in suicides since 2000. She discussed age groups and other demographics in the survey. Additionally, this data, as well as the article, shows the increase in suicide in rural Michigan and AuSable Valley's catchment area is in the top category in the state for suicide. Ms. Pelts and the Board discussed this topic and how these documents and data will help guide next year's long-term plan.

Ms. Pelts explained the Day of Education Memo as an ongoing part of the region during May is Mental Health Month. She explained the event to the Board.

Ms. Pelts said AuSable Valley is partnering with Alcona Health Center for a Youth Camp this summer and discussed the goals.

f. Legislative Updates.

Mr. Stone said an action alert was released recently and he hoped everyone responded. Additionally, he believes Senator Shirkey and Representative Whiteford are now speaking about their different bills to change Michigan's Behavioral Health. He said he believes they may work together on one bill and attempt to move it through Lansing during the lame-duck session.

g. Announcements – None.

h. Public Comments – None.

2. BOARD EDUCATION

Ms. Pelts introduced Katrina Miller from Genoa pharmacy. She said Ms. Miller will give the Board a presentation on Genoa's onsite pharmacy, which, if approved, will be located in the West Branch Office. Following her presentation she will answer any questions you may have.

Ms. Pelts said Laura Marentette, Medical Services Program Director, has been instrumental in developing this project. Ms. Marentette said the basic concept was shared with Program Committee and is now ready to come before the Board. Ms. Marentette said the Genoa Pharmacy will improve services for the person's served by AuSable Valley. It will ensure they have better access to their medications and will improve their overall health outcomes.

Ms. Miller introduced herself and said she has worked for Genoa for 15 years. Genoa had 30 pharmacies 15 years ago and now has over 600. She explained these pharmacies are onsite and serve the staff, family, and consumers of each agency. They are not publicized or open to the general public. Ms. Miller explained there is no cost to the Agency for their services. They will remodel rooms as required at their expense and pay rent to the Agency for the space.

used. Because of the costs involved, Genoa ensures a partnering facility meets prerequisites prior to any agreement. AuSable Valley meets their model requirements.

She said the goal of Genoa is to improve clinical outcomes and reduce staff workloads. To this end, Genoa hires local pharmacists and ensures they receive mental health first aid training. Ms. Miller said they work extensively to ensure consumers receive their medications and assist with medication compliance. Non-adherence to medications results in death and hospitalizations. Ms. Miller said statistics show Genoa clients have a 90% adherence rate compared to a 50% rate for traditional pharmacies. She said this is because they build relationships, make phone calls, and offer delivery services for medications. She explained that adherence to medications results in cost savings as there are less hospitalizations.

Ms. Miller said the onsite pharmacist is available to collaborate with doctors on medications which assists in overall outcomes. They provide their own alarm system and renovate the room to meet all code requirements. The pharmacy is typically open 40 hours per week and mimic the Agency's schedule.

Ms. Lixey asked if Genoa stocks physical health medications for families. Ms. Miller said they stock whatever is needed.

Mr. O'Farrell asked if they carry name brand medications or only generic. Ms. Miller answered they carry both. Generics are preferred as a cost saving method.

Ms. Casey asked if Genoa is confident they can hire a pharmacist in this area. Ms. Miller said they are. The limited hours and traffic flow have aided them in recruiting and retaining staff.

Ms. Lixey asked if the pharmacy is located in West Branch, how will the other Agency locations benefit. Ms. Miller said they have several methods to ensure medications are delivered. They can mail them to their homes or nearest office if they prefer. Also, they can hire a delivery person who can hand deliver medications in the area.

Mr. Stone asked how Genoa prices compare with other pharmacies. Ms. Miller said they're comparable. They offer reduced rates for those with financial hardship and price matching. She said they take steps to ensure they are competitive.

Ms. Pelts asked if the medications are in pill-packs to ensure proper adherence. Ms. Miller showed a sample pack. The one-day sheet is color-coded to align with the time of the day in the event a consumer has difficulty reading. Additionally, they can be torn free to take with them when they're away from home.

Mr. Stone asked if staff and families' data is kept separate and confidential. Ms. Miller ensured him they are. She said no information on staff or family members is reported to the Agency. Consumer medication data is available in reports which she explained.

Ms. Casey asked how AuSable Valley's volume ranked for their service. Ms. Miller said AuSable Valley would be a smaller partner but they are confident it will work in this area.

Mr. Welsch asked how long it will take to establish the pharmacy. Ms. Miller said the process will take approximately four to six months due to permits and licensing. She explained the process thoroughly.

Mr. Stone said he is excited about the possibilities of this partnership and eager to see it functioning. Ms. Miller echoed his comment and offered a tour of another one of their pharmacies if any Board member wanted to see one. Ms. Miller said the pharmacy will also offer vaccinations such as influenza and COVID.

Ms. Pelts asked which other CMHs are partnered with Genoa. Ms. Miller listed seven and said several others are in the process.

The Board thanked Ms. Miller for her time and her presentation.

3. REPORTS

a. Chairman

Mr. Stone had nothing to share.

b. Board Association

Mr. Stone said the Summer Conference was held in Traverse City from June 6-8 and the Fall Conference is scheduled for October 23-25 in Traverse City.

c. NMRE

Mr. Stone said everything continues to run smoothly within the region. He said they are working on writing a request for a rural exception in the event the Senator Shirkey and Representative Whiteford bills are passed.

d. Chief Executive Officer's Report

Ms. Pelts waived her report this month to allow more time for the Genoa presentation. She did share a few reports with the Board for them to review. She said the National Council for Mental Well-Being commissioned a study on mental health and substance use disorders as well as barriers to access. The documents presented show the most up-to-date 2022 data points in several areas. Ms. Pelts said the issues AuSable Valley face in staffing are being felt nationwide. She said there are redesign ideas to improve services that can be explored.

e. Committee

(1) Personnel – June 13, 2022

Committee Chair Mike Welsch read the Committee meeting minutes.

There were no motions requiring Board action.

(2) Building – June 9, 2022

Committee Chair Al Evans read the Committee meeting minutes.

It was moved by Mr. Evans with support by Mr. O'Farrell to convert the vacant FTE general maintenance position to a FTE facilities clerical position. All ayes; motion passed.

(3) Program – June 9, 2022

Committee Chair Patti Casey read the Committee meeting minutes.

~~There were no motions requiring Board action.~~

It was moved by Ms. Casey with support from Ms. Lixey to approve raising the ES per-diem from \$125 to \$250 and the on-call per-diem from \$25 to \$50 for the remainder of Fiscal Year 2022.

Minutes amended at the July 25, 2022 Board Meeting.

(4) Executive and Finance – June 21, 2022

Board Treasurer Mike Welsch read the Committee meeting minutes.

It was moved by Mr. Welsch and second by Ms. Casey to accept the April 2022 financial statements as proposed. All ayes; motion passed.

It was moved by Mr. Welsch and second by Mr. Klacking to accept FY21 Compliance Exam Report as submitted. All ayes; motion passed.

It was moved by Mr. Welsch and second by Ms. Lixey to accept the PA91/Sliding Fee Scale as proposed. All ayes; motion passed.

It was moved by Mr. Welsch and second by Mr. O'Farrell to list the Beechwood property for sale with an agent. All ayes; motion passed.

It was moved by Mr. Welsch and second by Mr. Klacking to approve the CEO Contract Amendment as proposed. All ayes; motion passed.

(5) Recipient Rights Advisory – Did not meet.

(6) Recipient Rights Appeal – Did not meet.

4. OLD BUSINESS – Ms. Pelts thanked Clinical Services for their exemplary work, even during times of being short staffed. She said our region was the only PIHP in the state to receive 100% of the performance based incentive payment. Because of this, the region received an additional \$1.3 million that the other PIHPs forfeited. Excellent work.

5. NEW BUSINESS – None.

6. COMMENTS

- a. Board** -- Ms. Walsh said she attended the Agency's West Branch Community Picnic and was impressed with the turnout. She said staff prepared excellent food and assisted any consumer who needed help. Ms. Pelts said the Agency changed the picnic time from the traditional noon until a later time to encourage staff to bring their families, which they did. She estimated close to 100 staff, children, and community members enjoyed the picnic. It was so well attended, two additional food runs needed to be done. Ms. Pelts thanked all the staff who assisted in making the first picnic a huge success.

- b. Public** – None.

7. MEETING DATES

a. Board

- (1) Monday, July 25, 2022; 5:00 p.m.; St. Vincent Annex

b. Committees

- (1) Personnel – Tuesday, July 5, 2022; 4:30 p.m.; St. Vincent Annex
(2) Building – Thursday, July 14, 2022; 3:00 p.m.; St. Vincent Annex
(3) Program – Thursday, July 14, 2022; 4:00 p.m.; St. Vincent Annex
(4) Executive & Finance – Tuesday, July 19, 2022; 4:30 p.m.; St. Vincent Annex
(5) Recipient Rights Advisory – Tuesday, July 12, 2022; 4:00 p.m.; St. Vincent Annex
(6) Recipient Rights Appeal – Tuesday, July 12, 2022; 4:30 p.m.; St. Vincent Annex


c. Others

- (1) Agency Picnic: July 13, 4:00 – 7:00 p.m.; Oscoda Beach Park, Oscoda
(2) Agency Picnic: August 3, 4:00 – 7:00 p.m.; Gateway Park Pavilion, Tawas City
(3) Agency Picnic: August 10, 4:00 – 7:00 p.m.; Oscoda County Park, Mio
(4) Fall Conference: October 23-25; Traverse City

8. ADJOURN

It was moved by Mr. Welsch and second by Ms. Walsh to adjourn the meeting at 6:14 p.m.

Respectfully submitted,



Joseph L. Chrivia
Board Secretary